

Major Planning Worksheet

Exercise Science & Fitness

Clinical & Rehabilitation Sciences Concentration (57 Hours)

Bachelor of Science

2023-2024 Catalog

Name: _____ ID Number: _____

Planned Degree Completion Date: Mo. _____ Yr. _____

| Required Courses | Hours |
|---|-------|
| BIOL 202 Fundamentals of Human Anatomy | 3.0 |
| BIOL 202L Fundamentals of Human Anatomy Lab | 1.0 |
| BIOL 204 Fundamentals of Human Physiology | 3.0 |
| BIOL 204L Fundamentals of Human Physiology Lab | 1.0 |
| DATA 210 Statistical Analysis | 4.0 |
| EXSC 101 Intro to Rehabilitation Services | 3.0 |
| EXSC 107 Medical Terminology | 3.0 |
| EXSC 255 Orthopedic Evaluation | 3.0 |
| EXSC 325 Exercise Physiology | 3.0 |
| EXSC 325L Exercise Physiology Lab | 1.0 |
| EXSC 355 Orthopedic Intervention | 3.0 |
| EXSC 410 Admin of Health & Physical Activity Programs | 3.0 |
| EXSC 476 Internship in Health/Fitness/Wellness | 3.0 |
| NUTR 210 Introduction to Human Nutrition | 3.0 |

Two semesters of Chemistry:

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| CHEM 105 Introduction to Inorganic Chemistry | 3.0 |
| CHEM 105L Introduction to Inorganic Chemistry Lab | 1.0 |
| CHEM 106 Introduction to Organic Chemistry | 3.0 |
| CHEM 106L Introduction to Organic Chemistry Lab | 1.0 |
| OR | |
| CHEM 111 General Chemistry I | 3.0 |
| CHEM 111L General Chemistry I Lab | 1.0 |
| CHEM 113 General Chemistry II | 3.0 |
| CHEM 113L General Chemistry II Lab | 1.0 |

Twelve hours of directed electives approved by Department Chair:

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