## **Minor Planning Worksheet**

## Coaching (21 hours)

2023-2024 Catalog

Name:	ID Number:	
Planned Degree Comple	etion Date: Mo Yr	
Major:		
<b>Required Courses</b>		Hours
EXSC 115	Prevention and Emergency Care	3.0
EXSC 209	Principles of Coaching	3.0
EXSC 410	Administration of Health & Physical Activity Programs (W)	3.0
NUTR 210	Intro to Human Nutrition	3.0
Six hours selected from	n: EXSC 145, 264, 276, 339, 345.	
One course selected fr	om: NUTR 102, 230, 250, 320.	
one course selected in	om. 110 111 102, 230, 230, 320.	

Notes: