

Minor Planning Worksheet

Nutrition Sciences (23 hours)

2023-2024 Catalog

Name: _____ ID Number: _____

Planned Degree Completion Date: Mo. _____ Yr. _____

Major: _____

Required Courses

			Hours
_____	EXSC 107	Medical Terminology	3.0
_____	EXSC 476	Internship	3.0
_____	NUTR 102	Nutrition Communication	3.0
_____	NUTR 110	Nutrition Screening and Assessment Lab	1.0
_____	NUTR 210	Introduction to Human Nutrition	3.0
_____	NUTR 211	Human Life Cycle Nutrition	3.0
_____	NUTR 220	Food Science	3.0
_____	NUTR 220L	Food Science Lab	1.0
_____	NUTR 320	Meal Prep and Diet Planning*	3.0

Electives

Complete one course from below.

			Hours
_____	NUTR 230	Sports Nutrition	3.0
_____	NUTR 240	Cardiovascular and Wellness Nutrition	3.0
_____	NUTR 250	Weight Management	3.0

Notes: