

Major Planning Worksheet

Human Performance Education (90.5 hours)

Bachelor of Science

2024-2025 Catalog

Name: _____ ID Number: _____

Planned Degree Completion Date: Mo. _____ Yr. _____

Human Performance Requirements		Hours
BIOL 202/L	Fundamentals of Human Anatomy/Lab	3.0/1.0
BIOL 204/L	Fundamentals of Human Physiology/Lab	3.0/1.0
EXSC 101	Introduction to Rehabilitation Services	3.0
EXSC 205	Team Performance Training	3.0
EXSC 206	Individual/Dual Performance Training	3.0
EXSC 243	Principles of Fitness	3.0
EXSC 250	Performance Lab I	1.0
EXSC 260	Performance Lab II	1.0
EXSC 325/L	Exercise Physiology/Lab	3.0/1.0
EXSC 339	Fundamental Techniques of Exercise and Fitness	3.0
EXSC 345	Functional Kinesiology	3.0
EXSC 410	Administration of Health and Physical Activity Programs	3.0
NUTR 210	Introduction to Human Nutrition	3.0

4 hours of Directed Electives (Consult with Advisor & Department Chair for Approval)

Professional Education

EDUC 111	Exploring Educational Systems	3.0
EDUC 112	The Exceptional Learner	3.0
EDUC 202	Professional Learning Communities I	0.5
EDUC 204	Professional Learning Communities II	0.5
EDUC 207	Integrating Tech into the Classroom	3.0
EDUC 223	Child & Adolescent Development	3.0
EDUC 230	Educational Psychology	3.0
EDUC 246	Educational Assessment	3.0
EDUC 302	Professional Communities III	0.5
EDUC 304	Professional Communities IV	0.5
EDUC 343	Disciplinary Literacy	3.0
EDUC 402	Professional Learning Communities V	0.5
EDUC 430	Culturally Responsive Classroom Communities	3.0
EDUC 440	General Methods for Adolescent Teachers	3.0
EDUC 475	High School Student Teaching	7.0
EDUC 477	Jr. High/Middle School Student Teaching	6.0
ENG/MODL 350	Teaching English to Speakers of Other Languages	3.0
INTD 355	Critical Issues in Education	3.0

Notes: