## **Major Planning Worksheet**

## **Human Performance Education** (90.5 hours)

## **Bachelor of Science**

2024-2025 Catalog

Name:		ID Number:		
lanned Degre	e Completion	Date: Mo Yr		
Human Performance Requirements				Hour
	L 202/L	Fundamentals of Human Anatomy/Lab		3.0/1.
BIO	L 204/L	Fundamentals of Human Physiology/Lab		3.0/1.
EXS	C 101	Introduction to Rehabilitation Services		3.0
EXS	C 205	Team Performance Training		3.0
EXS	C 206	Individual/Dual Performance Training		3.0
EXS	C 243	Principles of Fitness		3.0
EXS	C 250	Performance Lab I		1.0
EXS	C 260	Performance Lab II		1.0
EXS	C 325/L	Exercise Physiology/Lab		3.0/1
EXS	C 339	Fundamental Techniques of Exercise and Fitness		3.0
EXS	C 345	Functional Kinesiology		3.0
EXS	C 410	Administration of Health and Physical Activity Programs		3.0
NUT	TR 210	Introduction to Human Nutrition		3.0
hours of Dir	rected Electiv	ves (Consult with Advisor & Department Chair for App	oroval) _ _	
hours of Dir		ves (Consult with Advisor & Department Chair for App	oroval) – –	
rofessional I		ves (Consult with Advisor & Department Chair for App  Exploring Educational Systems	oroval) 	
rofessional I	Education		- -	
rofessional I	Education JC 111	Exploring Educational Systems	3.0	
rofessional I EDU EDU	Education JC 111 JC 112	Exploring Educational Systems The Exceptional Learner	3.0	
rofessional I EDU EDU EDU EDU	Education JC 111 JC 112 JC 202	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I	3.0 3.0 0.5	
rofessional I EDU EDU EDU EDU EDU EDU	Education JC 111 JC 112 JC 202 JC 204	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II	3.0 3.0 0.5 0.5	
rofessional I EDU EDU EDU EDU EDU EDU	Education JC 111 JC 112 JC 202 JC 204 JC 207	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom	3.0 3.0 0.5 0.5 3.0	
rofessional H EDU EDU EDU EDU EDU EDU EDU EDU	Education  JC 111  JC 112  JC 202  JC 204  JC 207  JC 223	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development	3.0 3.0 0.5 0.5 3.0 3.0	
Erofessional I EDU	Education UC 111 UC 112 UC 202 UC 204 UC 207 UC 223 UC 230	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology	3.0 3.0 0.5 0.5 3.0 3.0 3.0	
rofessional I EDU	Education  JC 111  JC 112  JC 202  JC 204  JC 207  JC 223  JC 230  JC 246	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology Educational Assessment	3.0 3.0 0.5 0.5 3.0 3.0 3.0	
rofessional H EDU	Education UC 111 UC 112 UC 202 UC 204 UC 207 UC 223 UC 230 UC 246 UC 302 UC 304 UC 304 UC 343	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology Educational Assessment Professional Communities III	3.0 3.0 0.5 0.5 3.0 3.0 3.0 0.5	
Professional HEDU EDU EDU EDU EDU EDU EDU EDU EDU EDU	Education UC 111 UC 112 UC 202 UC 204 UC 207 UC 223 UC 230 UC 230 UC 246 UC 302 UC 304 UC 343 UC 343 UC 402	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology Educational Assessment Professional Communities III Professional Communities IV Disciplinary Literacy Professional Learning Communities V	3.0 3.0 0.5 0.5 3.0 3.0 3.0 0.5 0.5	
rofessional I EDU	Education  JC 111  JC 112  JC 202  JC 204  JC 207  JC 223  JC 230  JC 246  JC 302  JC 304  JC 304  JC 343  JC 402  JC 430	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology Educational Assessment Professional Communities III Professional Communities IV Disciplinary Literacy Professional Learning Communities V Culturally Responsive Classroom Communities	3.0 3.0 0.5 0.5 3.0 3.0 3.0 0.5 0.5 3.0 0.5	
rofessional H EDU	Education  JC 111  JC 112  JC 202  JC 204  JC 207  JC 223  JC 230  JC 246  JC 302  JC 304  JC 304  JC 343  JC 402  JC 430  JC 440	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology Educational Assessment Professional Communities III Professional Communities IV Disciplinary Literacy Professional Learning Communities V Culturally Responsive Classroom Communities General Methods for Adolescent Teachers	3.0 3.0 0.5 0.5 3.0 3.0 3.0 0.5 0.5 3.0 0.5 3.0	
rofessional H EDU	Education  JC 111  JC 112  JC 202  JC 204  JC 207  JC 223  JC 230  JC 246  JC 302  JC 304  JC 304  JC 343  JC 402  JC 430	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology Educational Assessment Professional Communities III Professional Communities IV Disciplinary Literacy Professional Learning Communities V Culturally Responsive Classroom Communities General Methods for Adolescent Teachers High School Student Teaching	3.0 3.0 0.5 0.5 3.0 3.0 3.0 0.5 0.5 3.0 0.5	
Professional H EDU	Education  JC 111  JC 112  JC 202  JC 204  JC 207  JC 223  JC 230  JC 246  JC 302  JC 304  JC 304  JC 343  JC 402  JC 430  JC 440	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology Educational Assessment Professional Communities III Professional Communities IV Disciplinary Literacy Professional Learning Communities V Culturally Responsive Classroom Communities General Methods for Adolescent Teachers	3.0 3.0 0.5 0.5 3.0 3.0 3.0 0.5 0.5 3.0 0.5 3.0	
Frofessional H EDU	Education UC 111 UC 112 UC 202 UC 204 UC 207 UC 223 UC 230 UC 246 UC 302 UC 304 UC 304 UC 343 UC 343 UC 440 UC 440 UC 475	Exploring Educational Systems The Exceptional Learner Professional Learning Communities I Professional Learning Communities II Integrating Tech into the Classroom Child & Adolescent Development Educational Psychology Educational Assessment Professional Communities III Professional Communities IV Disciplinary Literacy Professional Learning Communities V Culturally Responsive Classroom Communities General Methods for Adolescent Teachers High School Student Teaching	3.0 3.0 0.5 0.5 3.0 3.0 3.0 0.5 0.5 3.0 0.5 3.0 7.0	

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