

DEPARTMENT OF EXERCISE SCIENCE

2024-2025

Nutrition Sciences (55 Semester Hours)

BIO 101	General Biology	(3) _____
BIO 204	Human Physiology	(3) _____
CHEM 105	Introduction to Inorganic Chemistry	(3) _____
CHEM 105L	Introduction to Inorganic Chemistry Lab	(1) _____
CHEM 106	Introduction to Organic Chemistry	(3) _____
CHEM 106L	Introduction to Organic Chemistry Lab	(1) _____
EXSC 107	Medical Terminology	(3) _____
EXSC 476	Internship	(3) _____
MATH 115	Elementary Probability Statistics	(3) _____
NUTR 101	Nutrition Screening Lab	(1) _____
NUTR 102	Nutrition Communication	(3) _____
NUTR 103	Global Food and Nutrition	(3) _____
NUTR 210	Introduction to Human Nutrition	(3) _____
NUTR 211	Human Lifecycle Nutrition	(3) _____
NUTR 220	Food Science	(3) _____
NUTR 220L	Food Science Lab	(1) _____
NUTR 320	Meal Prep & Diet Planning	(3) _____
NUTR 330	Micronutrients & Metabolism	(3) _____
NUTR 340	Macronutrients & Metabolism	(3) _____
Electives		(6) _____
NUTR 230	Sports Nutrition	
NUTR 250	Weight Management	
NUTR 240	Cardiovascular and Wellness Nutrition	
_____	_____	() _____
_____	_____	() _____

Total Hours: 55 Semester Hours

Academy of Nutrition and Dietetics: <https://www.eatrightpro.org/acend>