

Minor Planning Worksheet

Coaching (21 hours)

2024-2025 Catalog

Name: _____ ID Number: _____

Planned Degree Completion Date: Mo. _____ Yr. _____

Major: _____

Required Courses			Hours
EXSC 115	Prevention and Emergency Care		3.0
EXSC 209	Principles of Coaching		3.0
EXSC 410	Administration of Health & Physical Activity Programs (W)		3.0
NUTR 210	Intro to Human Nutrition		3.0

Six hours selected from: EXSC 145, 276, 339, 345.

Three hours selected from: NUTR 102, 103, 211, 230, 320.

Notes: