

**DEPARTMENT OF EXERCISE SCIENCE AND
ATHLETIC TRAINING
2024-2025**

Nutrition Sciences Minor (26 Semester Hours)

EXSC 107	Medical Terminology	(3)	_____
EXSC 476	Internship	(3)	_____
NUTR 102	Nutrition Communication	(3)	_____
NUTR 101	Nutrition Screening Lab	(1)	_____
NUTR 211	Human Lifecycle Nutrition	(3)	_____
NUTR 220	Food Science	(3)	_____
NUTR 220L	Food Science Lab	(1)	_____
NUTR 210	Introduction to Human Nutrition	(3)	_____
NUTR 320	Meal Prep & Diet Planning	(3)	_____

Electives (3) _____

- NUTR 230 Sports Nutrition
- NUTR 250 Weight Management
- NUTR 240 Cardiovascular and Wellness Nutrition

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Total Hours: 26 Semester Hours

Academy of Nutrition and Dietetics: <https://www.eatrightpro.org/acend>