

Bachelor of Arts in Art: Pre-Art Therapy Concentration

Program Overview

Art therapy is an integrative counseling discipline that focuses on the therapeutic use of art. Art therapists use art media, the creative process, and the resulting artwork to explore clients' feelings, reconcile emotional conflicts, foster self-awareness, manage behaviors and addictions, develop social skills, and improve the quality of daily life for many diverse populations. MU's Pre-Art Therapy program educates and empowers compassionate, creative individuals for prep-professional employment and for graduate study in art therapy or related helping professions, by equipping them with the knowledge of art's reflective and transformative role in promoting healing and wellness to those with physical, cognitive, or emotional challenges.

Degree Requirements

To earn this degree, students must have a GPA of 2.75 or higher in the Major as well as an overall GPA of 2.5, complete a minimum of 120 credit hours, and fulfill the course requirements of the program listed below.

*This is a sample plan; specific courses may vary from year to year. Academic advisors will work with each student to develop their individual schedule.

Major-Specific Required Courses			CREDITS
✓			
ART 131^	Basic Design		3
ART 201^	Art and Life		3
ART 213^	Figure Drawing		3
PSYC 110	Introduction to Psychology		4
PSYC 224	Developmental Psychology		4
PSYC 225	Behavior Disorders		4
PSYC 366	Counseling Theory and Practice		4
Advanced Studio-One 3-credit advanced studio course			CREDITS
ART 310	Painting II		3
ART 313	Figure Drawing II		3
ART 325	Adv Fabric Decoration Studio		3
ART 341	Advanced Ceramics Studio		3
ART 415	Advanced Craft Studio		3
Twelve hours of ART studio courses			CREDITS
ART 210^	Painting I		3
ART 212^	Torchworking Glass		3
ART 221^	Digital Photography		3
ART 225	Fabric Decoration		3
ART 271^	Three Dimensional Construction		3
ART 310	Painting II		3
ART 313	Figure Drawing II		3
ART 380/480	Special Problems		3
ART 475	Internship		3

MAJOR	*Options
CORE	^CORE equivalent
ELECTIVE/MINOR	
EXPERIENTIAL	

CORE			CREDITS
✓		Foundation	
LA-FWS	First-Year Writing Seminar		3
LA-FCS	First-Year Communication Seminar		3
LA-FQR	Quantitative Reasoning		3-4
LA-FSS	First Year Success Seminar		1
LA-FCG	Cultural and Global Understanding		3-5
Exploration			
LA-EAH	Arts and Humanities		3
LA-ENS	Natural Sciences		3-6
LA-ESS	Social Sciences		3-4
Transformation			
LA-TFR	Faith, Reason, and Ethics		3
LA-TBI	Big Issues - 2 courses		6-7
LA-TCE	Creative Expression		1-3
Additional credits to bring total to 120+ credits			CREDITS
✓		Electives	
Experiential Learning			

Total Program Credits: 120+

Example Course Sequence:

The following is a sample of a semester-by-semester approach to completing this program in 4 years.

YEAR 1						
FIRST SEMESTER						
COURSE		CREDITS	PREREQUISITES			
ART 131^	Basic Design	3				
PSYC 110	Introduction to Psychology	4				
LA-FWS	First-Year Writing Seminar	3				
LA-FCS	First-Year Communication Seminar	3				
LA-FSS	First Year Success Seminar	1				
JAN TERM						
COURSE		CREDITS				
ELECTIVE/MINOR		3				
SECOND SEMESTER						
COURSE		CREDITS				
ART 201^	Art and Life	3				
ART 213^	Figure Drawing	3	ART 131			
PSYC 224	Developmental Psychology	4				
LA-FQR	Quantitative Reasoning	3				
		30				

YEAR 2						
THIRD SEMESTER						
COURSE		CREDITS	PREREQUISITES			
PSYC 225	Behavior Disorders	4				
LA-ENS	Natural Sciences	3				
LA-ESS	Social Sciences	3				
ELECTIVE/MINOR		3				
ELECTIVE/MINOR		3				
JAN TERM						
COURSE		CREDITS				
ELECTIVE/MINOR		3				
FOURTH SEMESTER						
COURSE		CREDITS				
ART 210*	Painting I	3	ART 131			
LA-FCG	Cultural and Global Understanding	3				
ELECTIVE/MINOR		3				
ELECTIVE/MINOR		3				
		31				

4-Year Sample Schedule Cont.

YEAR 3			
FIFTH SEMESTER			
COURSE		CREDITS	PREREQUISITES
PSYC 366	Counseling Theory and Practice	4	
ART 310*	Painting II	3	ART 131, 210
LA-TFR	Faith, Reason, and Ethics	3	
ELECTIVE/MINOR		3	
JAN TERM			
COURSE		CREDITS	
EXPERIENTIAL		3	
SIXTH SEMESTER			
COURSE		CREDITS	
ART 221*	Digital Photography	3	
LA-TBI	Big Issues	3	
ELECTIVE/MINOR		3	
ELECTIVE/MINOR		3	
		28	

YEAR 4			
SEVENTH SEMESTER			
COURSE		CREDITS	PREREQUISITES
ART 271*	Three Dimensional Construction	3	
LA-TBI	Big Issues	3	
ELECTIVE/MINOR		3	
ELECTIVE/MINOR		3	
EXPERIENTIAL		3	
JAN TERM			
COURSE		CREDITS	
ART 475*	Internship	3	
EIGHTH SEMESTER			
COURSE		CREDITS	
ART 475*	Internship	3	
ELECTIVE/MINOR		3	
ELECTIVE/MINOR		3	
ELECTIVE/MINOR		3	
EXPERIENTIAL		3	
		33	
TOTAL CREDITS		122	